

Goat Yoga Classes at Westview Orchards & Winery



Wednesday, July 29

Gates Open 6PM; Check-In 6:30PM; Yoga Class 7:00-8:00PM

\$40 per person (includes a glass of wine following class)

Pre-registration with Westview required:

<https://westvieworchardsandwinery.ticketspice.com/july-29-goat-yoga>

Join UpDog Yoga at Westview Orchards & Winery for a Basic Yoga class in the company of adorable young goats, who stroll around and interact with the class. The goats are naturally friendly and curious so they will walk on your mat, jump on your back, and frolic and play amongst the activity as you practice your asanas.

Lighthearted and fun, Goat Yoga is very therapeutic in the open air of Westview's outdoor goat pavilion. Following the class, enjoy a glass of wine or cider and donuts as you relax in the Westview Winery (included with your admission).

Goat pavilion is covered but dress for the elements in comfortable yoga/workout clothes and bring your yoga mat or a towel. Please wear attire you don't mind getting a bit dirty as it is an outdoor setting with furry friends who are trained to interact with you in a fun and humorous way.

Please arrive 30 min. early at 6:30PM for check-in. Yoga class is one hour, followed by photo opportunities with the goats and Westview Winery beverage.

Space is limited. Pre-register online with Westview:

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Westview Orchards & Winery is
located at 65075 Van Dyke in
Washington, MI (corner of 30 Mile Rd.
and Old Van Dyke)
586-752-3123



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